



7

Golden Questions

to ask yourself

before

Sharing

posts of your child online



Why are you sharing it?

Before posting, reevaluate the reasons for sharing- that particular photo or content concerning your child.

Ask yourself such questions to understand why do you feel it is important to share this particular information.



Is it the best way to share it?

If you have decided upon a post check if social media or any other online platform is the best way to share it. Think about different ways to share the same thing on social media for example - posting a photo of your child facing away from the camera or a photo with their faces blurred.

Find safer ways to share responsibly without giving away crucial information.

Instead of using social media, you can securely share your child's pictures over WhatsApp, email, google photos and google drive.

Remember to set ground rules for the people you share your child's content with. Tell them specifically that you do not like that your child's pictures being shared or forwarded.



Would you appreciate your child sharing similar pictures of you?

Imagine if your child posted similar photos of you in a sleeping pose, bad hair day or eating pose would you be happy about it?

Reflecting over such questions will help in relating and bonding with your child on this issue.



Could your child be embarrassed about the post now or in the future?

Do you think the posts you share about your child can be embarrassing for them later in the future?

How do you describe your children in your post?

Will they come up to you after their adolescent years and ask you why you put up a picture of them in their undergarments?



Can this be added to your child's digital footprint?

Before you post about your child ask yourself if this will affect their digital footprint.

The information that you post about your child online will never fade away hence ask yourself if the post has revealing information about them such as their full names, nicknames, age, and birthdays before putting it online.



Is there someone you would not want this to be seen now or in the future?

Most of what you post on the internet never fades away. Would you want everyone on your friend's list or even on your blog to view the personal things that you post about your children?

There have been several incidents where data from profiles of parents have been compromised and photos of children have ended up in different paedophilic sites on the internet.

So, ask yourself is it worth it to post pictures that might be compromising your child's safety later?



What will you miss if you do not post this online?

Finally, ask yourself if this post about your child needs to go online or not and try to wait out on the urge to share. This waiting, in the long run, might reduce your instantaneous need to post content. Also, try to draw a line between sharing and oversharing.

Having these kind of conversations with yourself and significant caregivers in your child's life to prevent sharenting.